

# February

## E-BLAST



### SPECIAL OF THE MONTH:

#### Friend Referral!

Refer a NEW friend and get 50% off tuition for 1 month!  
Friend needs to be enrolled for 2 months. Email into  
[Office@excitegym.com](mailto:Office@excitegym.com) to let us know before your  
friends first class. Some restrictions apply.

### GLOSSARY:

PAGE 2: SCHOOL CHEER TRYOUTS

PAGE 3: SPRING BREAK CAMPS & CLINICS

PAGE 4: REC CHEER & TUMBLE SHOW OFF

PAGE 5: SUMMER CAMP THEME AND CAMP PASS

PAGE 6: EXTRAS

WE ARE OPEN PRESIDENT DAY AND HAVING CAMP— SEE PAGE 6

FRIDAY NIGHT OUT IS BACK — FEB 13<sup>TH</sup>— SEE PAGE 6

PAGE 7: CALENDAR

# SCHOOL CHEER TRYOUTS:

## SCHOOL TRYOUT STUNT CLINIC!

**What:** Stunt Clinic! Must bring a full stunt group (4 people)  
Clinic will run similar to open gym but a coach will be there  
to help run and train skills.

**When:** Mondays February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup> (drop in)

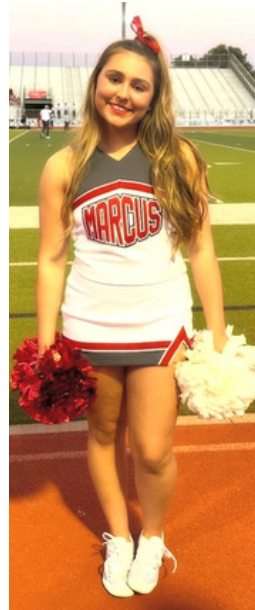
**Times:** 7:30-8:30pm

**Who:** Those entering into 7<sup>th</sup> through 12<sup>th</sup> grade

**Price:** \$10 per clinic



Scan to create an  
account to attend!



## SCHOOL TRYOUT CAMP DAY!

**What:** School Tryout training camp

First hour spent on tumbling & spotting – hard floor available! Next two hours will be spent teaching and working through a real tryout clinic and will finish with a mock tryout. Includes jumps, tryout style material and stunts(depending on enrollments). Goal for all athletes to feel comfortable during tryout clinics and be better prepared for tryout week. Athletes will leave with a score card and tips to improve for tryouts!

**When:** Sundays February 8<sup>th</sup> or March 8<sup>th</sup>

**Times:** 4:00-7:00pm

**Who:** Those entering into 7<sup>th</sup> through 12<sup>th</sup> grade

**Price:** \$75



Scan to enroll!



# SPRING BREAK CAMPS!

MARCH 17TH: ST. PATRICK'S CAMP

MARCH 18TH: VACATION CAMP

MARCH 19TH: ALL THINGS SPRING CAMP

9:00AM-1:00PM | AGES 3.5-10 | \$42 | MAIN LOCATION

GET READY FOR A FUN-FILLED 3 DAYS AT OUR SPRING BREAK CAMPS! DESIGNED FOR KIDS, THIS CAMP IS THE PERFECT WAY TO KICK OFF SPRING BREAK WITH EXCITING ACTIVITIES, GAMES, AND CREATIVITY. PACK A SACK LUNCH, A WATER BOTTLE AND A SMILE!

\* MUST BE POTTY TRAINED TO ENROLL \*



## SPRING BREAK CLINICS!

\*Minimum Enrollment required. Must be enrolled 72hrs in advance\*

Cost: \$20 | 11:30am-12:00pm | Ages: 5-18  
3/18 & 3/19

Beginner Tumble(No skills required. Must be 5 years and 6 months)

Back and Front Walkovers(Must have Back Bend Kick Over and Handstand Front Limber)

BHS Clinic(Must have Roundoff with a rebound and a Back Walkover)

Back Tucks Clinic(Must have Standing and Running Backhandspring Series)

Layouts & Twisting(Working lay-outs and perfecting lay-out technique.  
Working on twisting and twisting drills)

Aerials Clinic(Must have strong Roundoff and back or front walkover)

## PRESCHOOL TUMBLE BASIC CLINIC!

\*Minimum Enrollment required. Must be enrolled 72hrs in advance\*

Cost: \$20 | 9:30am-10:00am | Ages: 3.5-6  
3/18 & 3/19

Great opportunity to master the skills needed for promotion.

SCAN QR CODE FOR  
SPRING BREAK CAMPS  
AND CLINICS!



# RECREATIONAL CHEER AND TUMBLE SHOW OFF:

## Save the date: Sunday April 19<sup>th</sup> 2026

What classes?

Tiny Cheer, Mini Cheer, Youth Cheer & Beginner Tumble through Tumble 1A  
Watch emails and see front board for more details!



Drafting fee: \$20 will be drafted with March tuition (February 27<sup>th</sup>)  
as shown in our policies and waivers.

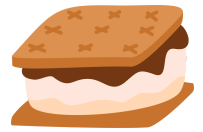


# SUMMER



## SUMMER CAMPS!

NATURE: JUNE 1<sup>ST</sup> - 5<sup>TH</sup>  
 SPLASH: JUNE 8<sup>TH</sup> - 12<sup>TH</sup>  
 TOY STORY: JUNE 15<sup>TH</sup> - 19<sup>TH</sup>  
 HOORAY TO THE USA: JUNE 22<sup>ND</sup> - 26<sup>TH</sup>  
 SPLASH: JULY 6<sup>TH</sup> - 10<sup>TH</sup>  
 OVER THE RAINBOW: JULY 13<sup>TH</sup> - 17<sup>TH</sup>  
 S'MORES FUN: JULY 20<sup>TH</sup> - 24<sup>TH</sup>  
 SPLASH: JULY 27<sup>TH</sup> - 31<sup>ST</sup>



## SUMMER CAMP PASS:

Enroll now and take advantage of a limited time offer for Summer Camp Pass!  
 Summer camps Monday-Friday, 9:00am-1:00pm, @ Main Location. (Ages: 3.5 to 10). Early Bird- Now Through April 1st \$465 for 15 summer camp days.  
 After early bird price \$495. Daily rate \$42.





# February

## EXTRAS:

### Make Up Classes



### Day Plays



### Clinics



### Friday Night Out!

\*Must be Potty Trained.

Minimum Enrollment required\*

**Friday Feb. 13<sup>th</sup> 2026**

Ages: 3-10 | 5:30pm-9:30pm

Cost: \$25 per child | \$20 for siblings

Friday Night out is back! Just in time  
for a date night or night out before  
Valentines Day!



Scan QR  
to sign up

### Presidents Day Camp!

\*Must be Potty Trained.

Pack a sack lunch and water bottle.

Minimum Enrollment required\*

**Monday Feb. 16<sup>th</sup> 2026**

Cost: \$42 | Ages: 3-10 | 9am-1pm

Kids out for Presidents Day?

Sign them up for camp!



Scan QR  
to sign up

# FEBRUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1  National Texas Day	2 Day play Day play  National Ground Hog Day  Valentines week @ PSL	3	4 Day play  National Girls & Women in Sports Day	5 Day play	6 Day play Day play  National Wear Red Day	7 Day play  Make up classes & Clinics
8	9 Day play Day play  Valentines week @ PSL	10	11 Day play	12 Day play	13 Day play Day play Friday Night Out!	14 Day play  Valentines Day  Make up classes & Clinics
15	16 Day play Day play Presidents Day we are OPEN. Presidents Camp!  Olympic week @ PSL	17  SPREAD Kindness National Random Act of Kindness Day	18 Day play  Coach Caitlin's Birthday	19 Day play	20 Day play Day play	21 Day play  Make up classes & Clinics
22	23 Day play Day play  Olympic week @ PSL	24	25 Day play	26 Day play	27 Day play Day play	28 Day play  Make up classes & Clinics
Check website for any Day Play Cancellations. PSL Day Play: Mon 9:30-10:30am Wed 1:00pm-2:00pm Sat 12:00pm-1:00pm Fri 9:30-10:30am	Check website for any Day Play Cancellations. Main Location: Mon & Fri 10:30am-11:30am Thurs 1:00pm-2:00pm	PSL Make up classes: Saturdays 9:15am: Young 3's 10:15am: TOTS 11:15am: Shining Stars & Shooting Stars	Clinics: Saturdays 9:00am-9:30am Back Handsprings Back Tucks Aerials			