



# October



## E-BLAST



**GLOSSARY:**

**PAGE 2: FALL FESTIVITIES**

**FIRE SAFETY – PINK OUT – HAUNTED HOUSE –  
DRESS UP – CLOSED FOR HALLOWEEN**

**PAGE 3: EXPO!**

**PAGE 4: EXTRAS**

**SATURDAY NIGHT OUT – OCTOBER 10<sup>TH</sup>**

**COLUMBUS DAY CAMP – OCTOBER 12<sup>TH</sup>**

**PAGE 5: CALENDAR**

### **SPECIAL OF THE MONTH:**

**EXPO! MEMBERS  
ONLY DISCOUNT!  
\$5 OFF A TICKET  
ENDS OCTOBER 16<sup>TH</sup>!**





Check out our  
proshop for  
themed items!

# Fall Festivities!

## Fire Safety Week:

October 4<sup>th</sup> - 10<sup>th</sup>

\*Stop, Drop & Roll\*

During classes this week we will be explaining Emergency Exit plans and teaching Fire Safety tricks.



## Breast Cancer Week:

October 11<sup>th</sup> - 17<sup>th</sup>

**Wear Pink all week!**

Bring in your extra change and/or if you purchase a pink item from our proshop, 10% will go towards donations! All donations go towards Breast Cancer support and you'll get to ring the bell!



## BOO! Spooky House:

October 26<sup>th</sup> - 29<sup>th</sup>

Classes that will go through the Spooky House:

- \*Beginner Tumble, Tumble 1, 1A, 2, 3 and up
- \*Mini/Youth cheer
- \*Pre Team 2, Beginner Gym and Gym A
- During class time
- Free to all class members
- No child is required to go through
- Their experience in the Spooky House will be age appropriate
- Please email office@excitegym.com 72 hours prior if you do not want your child to participate, a return email must be received

## Trick or Treat:

October 24<sup>th</sup> - 29<sup>th</sup>

Preschool Classes, Tiny Cheer and Pre Team 1 classes will participate in trick or treating around the gym!

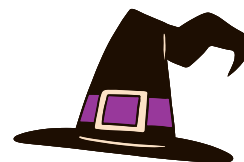


## Dress Up Week:

October 24<sup>th</sup> - 29<sup>th</sup>

Join us in dressing up all week long!

Wear something they can move in.



## Closed for Halloween:

Saturday October 31<sup>st</sup>

We are thankful that we will get to spend Halloween with our families.

**H A L L O W E E N**



# Expo!

**SATURDAY OCTOBER 24<sup>TH</sup> @ EXCITE!**

**GYM TEAM SESSION 1:**

**SILVER AND LEVELS 1,3,5,6,7 & 8: 12:30-3:00PM**

**GYM TEAM SESSION 2:**

**LEVEL 2,4, BRONZE, GOLD AND PLATINUM: 3:30-6:00PM**

**TICKETS: \$15 EARLY BIRD (ENDS OCTOBER 16<sup>TH</sup>), \$20 AT EXPO**

**KIDS 5 AND UNDER ARE FREE**

**FLOWERS: \$15 (PREORDER-ENDS OCTOBER 16<sup>TH</sup>)**

**\$20 (AT EXPO)**

**CONCESSIONS AND MERCHANDISE AVAILABLE FOR PURCHASE!**



**TICKETS AND FLOWERS!**

**SUNDAY OCTOBER 25<sup>TH</sup> @ MARCUS HS!**

**ALL STAR CHEER AND ACRO: 4:00PM**

**TICKETS: \$15 EARLY BIRD (ENDS OCTOBER 16<sup>TH</sup>)**

**\$20 AT THE DOOR**

**KIDS 5 AND UNDER ARE FREE**

**FLOWERS: \$15 (PREORDER-ENDS OCTOBER 16<sup>TH</sup>)**

**\$20 (AT EXPO)**

**CONCESSIONS, MERCHANDISE AND VENDORS AVAILABLE FOR PURCHASE!**



**WANNA BE A VENDOR?**

**SCAN QR CODE FOR MORE INFO AND TO SIGN UP!**



# October

## EXTRAS:

### Saturday Night Out!

### Day Plays:



**Saturday Night Out**

|                                                                                   |                                                                                 |
|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>Saturday</b><br>October 10 <sup>th</sup> 2026<br>Main Location                 | <b>5:30PM-9:00PM</b><br><b>AGES: 3-10</b>                                       |
| <b>Cost: \$25 for first child   \$20 for siblings</b>                             |                                                                                 |
| *Must be potty trained and minimum enrollment required.<br>Bring a water bottle.* | Add on pizza: \$4 for 2 slices.<br>Other snacks & drinks available at check in. |




### Make Up Classes:



### Clinics:



### Columbus Day Camp!

Kiddos out for Columbus Day? We have camp!

When: Monday October 12<sup>th</sup>

Time: 9:00am-1:00pm

Ages: 3 ½ - 10

Cost: \$42



\*MUST BE POTTY TRAINED.  
PACK A SACK LUNCH AND WATER BOTTLE.  
MINIMUM ENROLLMENT REQUIRED\*



**We are OPEN on Columbus Day!**

# OCTOBER 2026

| SUN                                | MON                                                                                                                                                                                                                                                             | TUE                                                                                                                                                              | WED | THU                                                                                                                          | FRI                                                                                                                                                                                                                      | SAT                                                                                                                                                                                                                                |
|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                    |                                                                                                                                                                                                                                                                 |                                                                                                                                                                  |     | 1<br> Community Helpers/Fire Safety week-PS | 2<br>Closed for Staff State Fair Day!                                                                                                                                                                                    | 3<br> Make up classes & Clinics                                                                                                                 |
| 4                                  | 5<br>Fire Safety week 10/5-10/10<br> Community Helpers/Fire Safety week-PS                                                                                                     | 6<br> National Coaches Day<br>Half Season Cheer Tryouts and Parent Info Meeting | 7   | 8                                                                                                                            | 9<br> Beth Ann's Birthday                                                                                                             | 10<br>Saturday Night Out!<br> Make up classes & Clinics                                                                                         |
| 11                                 | 12<br>Pink week 10/12-10/18<br> Columbus Day Camp<br> Wild & Wacky Week-PS                    | 13                                                                                                                                                               | 14  | 15                                                                                                                           | 16<br> National Boss's Day<br>National Sports Day  | 17<br> Coach Peyton's Birthday<br> Make up classes & Clinics |
| 18                                 | 19<br> Creepy Crawlers Week-PS                                                                                                                                                 | 20                                                                                                                                                               | 21  | 22                                                                                                                           | 23                                                                                                                                                                                                                       | 24<br>Dress up week 10/24-10/29<br>EXPO!<br>Gymnastics!                                                                                                                                                                            |
| 25<br>EXPO! All Star Cheer & ACRO! | 26<br>Spooky House Week 10/26-10/29<br> Coach Wicam's Brithday<br> Creepy Crawlers Week-PS | 27                                                                                                                                                               | 28  | 29                                                                                                                           | 30                                                                                                                                                                                                                       | 31<br> Coach Zoe's Birthday<br>HAPPY HALLOWEEN<br>Closed for Halloween!                                                                        |