



E-BLAST



GLOSSARY:

PAGE 2: BEST OF DENTON COUNTY

PAGE 3: HOMESCHOOLING CLASSES

PAGE 4: INSPIRE MEET & GREET

PAGE 5: HALF SEASON CHEER TRYOUTS

PAGE 6: EXTRAS

SATURDAY NIGHT OUT – SEPTEMBER 12TH

COLUMBUS DAY CAMP

PAGE 7: CALENDAR

CLOSED FOR LABOR DAY WEEKEND



SPECIAL OF THE MONTH:

Bring a friend to class! Valid only in September!

When can you bring your friend?

Tumble 1A /Tumble 1 and Preschool Classes -

September 14th -19th

Recreational Gymnastics Classes/Preschool Classes

and Tumble 2 and up by request only -

September 21st - 26th

Beginner Tumble and Cheer Classes -

September 28th - October 1st

Requirements to bring a friend:

-Friend must not currently be enrolled in classes with Excite!

-Friend must be age appropriate for the class

-Friend must sign our special events waiver
(scan QR code to sign)

-Stop by front desk to pick up friend's name tag



Best of Denton County WINNERS!

Thank you for Voting for us!

Your support means the world to us!

**BEST BIRTHDAY PARTIES, BEST
CHEER AND BEST GYMNASTICS!**



**BEST OF
DENTON COUNTY** Est. 2004

HOMESCHOOL Program!

A FAMILY PRICE FOR 3 CLASSES A
WEEK. YOU CHOOSE WHO.

THURSDAYS!

12:30-2:30PM - DAY PLAY

12:30-1:00PM - TUMBLE OR TOTS

1:00-1:30PM - PE GAMES OR GYMNASTICS

1:30-2:00PM - FITNESS OR CHEER

GYMNASTICS CLASS:

LEARN THE BASICS OF GYMNASTICS! VAULT, BARS, BEAM AND FLOOR!

FITNESS:

THIS FUN FITNESS CLASS FOCUSES ON DEVELOPING STRENGTH AND
COORDINATION THROUGH INTERACTIVE MOVEMENT!

TUMBLE:

FUN AND FAST PACED CLASS WILL CONSIST OF WARM-UP, STRETCHING, SKILLS
AND DRILLS.

PE GAMES:

THROUGH EXCITING GAMES, OBSTACLE COURSES, AND AGE-APPROPRIATE
ACTIVITIES, CHILDREN WILL BUILD STRENGTH, COORDINATION AND TEAMWORK.

TOTS:

PARENT TOT GYMNASTICS CLASS! WHICH INCLUDES INTERACTIVE GAMES, BARS,
BEAMS AND TRAMPOLINE! (WALKING-3.5YEARS)

CHEER:

LEARN THE BASICS OF CHEER! STUNTS, MOTIONS AND JUMPS!

\$100 PER MONTH (STARTING SEPTEMBER 3RD).

\$25 TO ADD ON AN EXTRA CLASS AFTER FAMILY PURCHASE.

AGES 5 AND UP



INSPIRE MEET & GREET!

(Cheer Abilities- Athletes with special needs)

Sunday September 13th 2:00-2:45pm

Parent meeting 2:00-2:45pm

Practices begin September 20th.

Ages: 7 and up

No training cost!

Boys and Girls

Email Cheer@excitegym.com with any questions.



Scan QR code
to enroll!



HALF SEASON CHEER TRYOUTS!



Half Season perks:

*Short season

*Cost efficient

*Local competitions

*A fun introduction to cheer

Email Cheer@excitegym.com with any questions.



Scan QR
to sign up!

Parent Info Meeting: September 22nd 6:00pm-6:30pm @ Excite! Event Center

Tryouts: October 6th 6:00pm-7:00pm

Parent meeting (mandatory to attend 1) October 6th 6:15-6:45pm @ Main Location

Ages: 5-15

Cost: \$10 – Early Bird enroll by September 23rd

\$20 – after September 23rd

September

EXTRAS:

Saturday Night Out!



Saturday Night Out

Saturday
September 12th 2026
Main Location

5:30PM-9:00PM
AGES: 3-10

Cost: \$25 for first child | \$20 for siblings

*Must be potty trained and
minimum enrollment required.
Bring a water bottle.*

Add on pizza: \$4 for 2 slices.
Other snacks & drinks available
at check in.



Day Plays:



Make Up Classes:



Clinics:



Columbus Day Camp!

Kiddos out for Columbus Day? We have camp!

When: Monday October 12th

Time: 9:00am-1:00pm

Ages: 3 ½ - 10

Cost: \$42



*MUST BE POTTY TRAINED.
PACK A SACK LUNCH AND WATER BOTTLE.
MINIMUM ENROLLMENT REQUIRED*



SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
Bring A Friend All Month! See E! Blast for which week to bring your freind!		1  Pets week	2	3	4 Closed for Labor Day Weekend!	5
6  National Read a Book Day	7 ★ ★ ★ ★ ★ LABOR DAY ★ ★ ★ ★ ★	8  Pets week	9  National Teddy Bear Day	10	11	12  Coach Tiffany's Birthday Saturday Night Out!  Make up classes & Clinics
13 Inspire Meet & Greet	14  Western week	15	16  National Elephant Appreciation Day	17	18  National Cheese Burger Day	19  Make up classes & Clinics
20 Inspire First Practice	21  Western week	22 Half Season Parent Info Meeting	23	24	25	26  Make up classes & Clinics
27	28  Community Helpers/Fire Safety week	29	30			