

# E-BLAST

## EXCITE! EVENTS CENTER!



### GLOSSARY:

PAGE 2: NEW HOMESCHOOL PROGRAM

PAGE 3: FULL SEASON TRYOUTS – GYMNASTICS, ACRO  
AND CHEER

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2ND FRIDAY NIGHT OUT – APRIL 10<sup>TH</sup> – SEE PAGE 5

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CLOSED APRIL 3<sup>RD</sup>-5<sup>TH</sup> – SEE PAGE 6

### SPECIAL OF THE MONTH:

HALF OFF May Rentals!

We are opening a  
multipurpose events venue!  
Email [Office@excitegym.com](mailto:Office@excitegym.com)  
to schedule your May rental now!  
All info will be available April 15<sup>th</sup>!

# NEW HOMESCHOOL PROGRAM!

**A FAMILY PRICE FOR 4 CLASSES A WEEK. YOU CHOOSE WHO.**

\$130 PER MONTH (APRIL AND MAY).

\$25 TO ADD ON AN EXTRA CLASS AFTER FAMILY PURCHASE.

AGES 6 AND UP

12:30-2:30PM - DAY PLAY

12:30-1:00PM- GYMNASTICS (BEGINNER) OR FITNESS

1:00-1:30PM -TUMBLE OR FITNESS

1:30-2:00PM - PE GAMES OR DANCE

2:00-2:30PM - SOCCER OR ART



#### GYMNASTICS CLASS:

AN INTRODUCTORY GYMNASTICS CLASS THAT INTRODUCES THE SPORT OF GYMNASTICS THROUGH A FUN AND INTERACTIVE CURRICULUM. ATHLETES WILL WORK ON BASIC SKILLS SUCH AS CARTWHEELS, BRIDGES, PULLOVERS, AND MORE WHILE ROTATING THROUGH ALL FOUR GYMNASTICS EVENTS: VAULT, BARS, BEAM, AND FLOOR.

#### FITNESS:

THIS FUN FITNESS CLASS FOCUSES ON DEVELOPING STRENGTH AND COORDINATION THROUGH INTERACTIVE MOVEMENT AND CREATIVE CHALLENGES. USING BARS, ROPES, AND MATS, ATHLETES WILL WORK ON AGE-APPROPRIATE FITNESS SKILLS WHILE STAYING ACTIVE, ENGAGED, AND MOTIVATED.

#### TUMBLE:

FUN AND FAST PACED CLASS WILL CONSIST OF WARM-UP, STRETCHING, SKILLS AND DRILLS. STUDENTS WILL ALSO DO LIGHT CONDITIONING FOR STRENGTH TRAINING AND INJURY PREVENTION.

#### PE GAMES:

THIS CLASS IS DESIGNED TO INTRODUCE MOVEMENT, COORDINATION, AND TEAMWORK IN A FUN AND ENERGETIC ENVIRONMENT! THROUGH EXCITING GAMES, OBSTACLE COURSES, AND AGE-APPROPRIATE GYMNASTICS ACTIVITIES, CHILDREN WILL BUILD STRENGTH, BALANCE, AGILITY, AND HAVE FUN.

#### ART:

INTRODUCTORY ART CLASS TEACHING FUNDAMENTALS, DRAWING, PAINTING AND CREATIVE EXPRESSION FOR BEGINNERS WITH NO PRIOR EXPERIENCE.


#### SOCCER:

OUR BEGINNER SOCCER CLASS IS A FUN, ENERGETIC INTRODUCTION TO THE WORLD OF SOCCER.


# 2026-2027 TRYOUTS!



Acro Tryouts  
Wednesday, May 6th  
6:00-7:00pm



Gymnastics Tryouts  
For those NEW to team  
Saturday, May 16th  
9:00-10:30am



All Star Cheer Tryouts  
Saturday, May 16th  
12:00-5:00pm



SCAN HERE FOR ACRU  
TRYOUT INFO



SCAN HERE FOR  
GYMNASTICS TRYOUT  
INFO



SCAN HERE FOR CHEER  
TRYOUT INFO



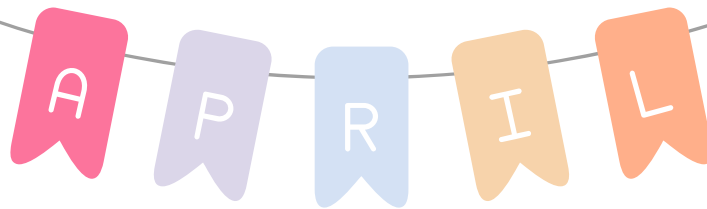
# **SUMMER OFFERS!**

**OUR 2026 SUMMER  
OFFER BROCHURE  
IS NOW LIVE FOR ALL THE  
SUMMER FUN!**



**SCAN QR CODE TO GET  
OUR SUMMER OFFERS!**

**2 DAY CHEER, GYMNASTICS AND ACRO CAMPS,  
2 DAY TUMBLE CAMP, 2 FOR 1 CLASSES,  
ART, CONDITIONING INTENSIVE, DAY PLAY,  
DRAMA KIDS, 2<sup>ND</sup> FRIDAY NIGHT OUT, OPEN GYM,  
CHEER- FLYER, BASE AND MOTION TECHNIQUE CLASSES,  
SOCCER, SUMMER CAMPS AND SUMMER CLINICS!**



# EXTRAS:

## 2nd Friday/ Night Out!

## Highland Village Rotary!

# 2nd Friday Night Out



Friday  
April 10<sup>th</sup> 2026  
Main Location

5:30PM-9:00PM  
AGES: 3-10

Cost: \$25 for first child | \$20 for siblings

\*Must be potty trained and  
minimum enrollment required.  
Bring a water bottle.\*

Add on pizza: \$4 for 2 slices.  
Other snacks & drinks available  
at check in.



Highland  
Village  
Rotary



# TASTE AROUND THE VILLAGE

Friday, April 10, 2026  
6:00 PM - 10:00 PM  
The Shops at Highland Village

*Benefitting local nonprofits doing  
great things in our community*

hvrotarytx@gmail.com  
(214) 202-0911  
www.hvrotary.org



TICKETS  
\$50



Sponsor:




## Make Up Classes

## Day Plays

## Clinics



# APRIL 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Check website for any Day Play Cancellations. PSL Day Play: Wed 1:00pm-2:00pm Sat 12:00pm-1:00pm</p>	<p>Check website for any Day Play Cancellations. Main Location: Mon &amp; Fri 10:30am-11:30am Thurs 1:30pm-2:30pm</p>		<p>1 Day play</p> <p> April Fools' Day</p>	<p>2 Day play</p> <p> National PB&amp;J Day</p>	<p>3</p> <p>CLOSED for Easter Weekend!</p>	<p>4</p>
<p>5 Happy Easter!</p>	<p>6 Day play</p> <p> Farm week @ PSL</p>	<p>7</p>	<p>8 Day play</p>	<p>9 Day play</p>	<p>10 Day play</p> <p> National Farm Animal Day</p>	<p>11 Day play</p> <p> Make up classes &amp; Clinics</p>
<p>12</p>	<p>13 Day play</p> <p> Farm week @ PSL</p>	<p>14</p>	<p>15 Day play</p>	<p>16 Day play</p> <p> National High Five Day</p>	<p>17 Day play</p>	<p>18 Day play</p> <p> Make up classes &amp; Clinics</p>
<p>19 Rec Tumble and Cheer show off!</p>	<p>20 Day play</p> <p> Butterflies &amp; Bugs week @ PSL</p>	<p>21</p> <p> Julie's Birthday</p>	<p>22 Day play</p>	<p>23 Day play</p> <p> Coach Dane's Birthday</p>	<p>24 Day play</p>	<p>25 Day play</p> <p> Coach Tatum's Birthday</p> <p> Make up classes &amp; Clinics</p>
<p>26</p>	<p>27 Day play</p> <p> Butterflies &amp; Bugs week @ PSL</p>	<p>28</p>	<p>29 Day play</p>	<p>30 Day play</p>	<p>PSL Make up classes: Saturdays 9:15am: Young 3's 10:15am: TOTS 11:15am: Shining Stars &amp; Shooting Stars</p>	<p>Clinics: Saturdays 9:00am-9:30am Back Handsprings Back Tucks Aerials</p>