

Excite! Gym and Cheer

972-874-8500 www.excitegymandcheer.com

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00	Gym Team	Gym Team	Gym Team	Gym Team	Gym Team	Gym Team	
9:00						Tot II	
9:00						Youth Train Team	
9:15	Tots I	Tots II	Young 3's	Tots I/II	Tot I/II	Young 3's	
9:15		Young 3's	Gym I	Young 3's	Young 3's	Gym II	
9:15		Gym II	Gym II/III	Gym I	Gym II/III	Tumble I	
9:15		Pre Cheer	Tots I				
9:30						Cheer Int	
9:30-1:00	Gym Day Out	Gym Day Out	Gym Day Out	Gym Day Out	Gym Day Out		
10:00						Gym TOPS B	
10:15	Tots II	Young 3's	Tots II	Tots II	Tots II	Tots I/II	
10:15	Young 3's	Gym I	Gym I	Young 3's	Young 3's	Young 3's	
10:15	Gym I	Gym II	Gym II	Gym II/III	Gym I	Gym I	
10:15	Gym II	Gym III	Pre Cheer	Home Sch 4-6	Gym II	Cheer Beg	
10:15	Gym III	Boys Gym			Pre Cheer	Tumble II	
10:15						Tumble IIA	
10:30						Cheer Intro	
10:30						Tumble III	
10:30						Firecracker TT	
11:00		Gym TOPS A					
11:15	PreDance Com.	PreDance Com.	Young 3's	PreDance Com.	PreDance Com.	Tots II	
11:15	Young 3's	Tots II	Gym I	Young 3's		Gym I	
11:15	Gym I	Young 3's	Home Sch 4-6	Home Sch 6-8		Beg Gym	
11:15	Gym II/III	Gym I	Pre Cheer	Boys Gym		Cheer Intro	
11:15						Tumble I	
11:15						Tumble II	
11:15-1:00					Day/Playtime		
11:30						PreDance Com.	
11:30						DAZZLERS	
11:30-2:00	Lunch Bunch			Lunch Bunch	Lunch Bunch		
12:30	PreDance Com.	Gym I	Home Sch 6-8	Gym I		HOTTIES	HEAT
12:30	Gym I	Gym II	Young 3's	Gym II			
12:30	Boys Gym	Pre Cheer	Gym I	Pre Cheer			
12:30	Pre Cheer		Gym II	Home Sch 9+			
1:00				Day/Playtime (1:00-2:30)			DYNAMITE
1:30	Young 3's	Young 3's	Gym I	PreDance Com.		DIVAS	
1:30	Gym I	Gym I	Gym III				
1:30	Gym II	Gym II	Boys Gym				
1:30	Gym III	Pre Cheer	Pre Cheer				
2:00							ELITE
2:30		PreDance Com.	PreDance Com.				
3:00							ROCKETS
3:00	FMHS	FMHS	FMHS				JrSr Train Team

Class Schedule 2005

Revised 7/7/05

Class Cost:

\$55 per month (45-55 min) classes (Preschool, Cheer, Tumble, Gymnastics, Dance)
 \$45 per month (Parent/Tot)
 \$25 per month (Home-School) some restrictions apply
 \$5 off 2nd child and \$10 off 2nd class per month - some restrictions apply

Registration Fee:

\$30 per individual & \$50 per family. Registration is due in August or at the time of enrollment for all students. A discounted fee is offered when starting mid year. Registration is good from August to August, even if you withdraw during your registration year. To withdraw, a 30 day paid written notice is required. If you wish to re-enroll after putting in a drop notice, a \$10 re-enroll fee is due.

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3:30	Tumble I	Gym II/III	Cheer Intro	Gym II/III	Gym II/III		Power Tumbling

3:30	Tumble II	Tumble II	Tumble II	Tumble I	Beg Gym		
3:30	Tumble III			Tumble IIA			
3:30							
3:45	Gym Team	Gym Team	Gym Team	Gym Team			
4:00	SPARKLERS	DAZZLERS	Firecrackers	Youth Train Team	Firecrackers		PT TEAM
4:00		MARCUS		MARCUS	SPARKLERS		
4:05	K-4th Dance	Cheer Intro	K-4th HipHop	5-7yrs Dance	Tumble II		
4:05	Cheer Intro	Cheer Int	Tumble II	Cheer Intro			
4:05	Tumble I	Tumble IIA	Tumble IIA	Cheer Beg			
4:15	Gym Team	Gym Team	Gym Team	Gym Team	Gym Team	Gym Team	
4:30	Beg Gym	Beg Gym	BoysTumbleK-2	Tumble I	PreDance Com.		
4:30	Int Gym	Cheer Beg	Tumble I	Tumble II	Int Gym		
4:30	Tumble II	Cheer Int	Tumble II		Tumble I		
4:30	Tumble IIA	Tumble I	Power Tumble				
4:30		DYNAMITE					
5:00	Int Gym	Cheer Intro	Cheer Beg	Gym I	Beg Gym		
5:00	Cheer Beg	Cheer Int	Tumble IIA	Int Gym			
5:00	SPIRIT	Tumble III	HEAT	Tumble IIA			
5:00		PT Train Team		Tumble III			
5:00				PT Train Team			
5:00				SPIRIT			
5:00				ROCKETS			
5:30	Gym I	Beg Gym	Int Gym	Adv Gym	Gym II/III		
5:30	Gym II	Adv Gym	Cheer Intro	Cheer Int	Tumble IIA		
5:30	Tumble I	Tumble I	Cheer Beg	Tumble I	Tumble III/IV		
5:30	Tumble II	Tumble II	Gym I	Tumble II			
5:30	Power Tumble	Tumble IIA	JrSr Train Team				
5:30							
6:00	5-8th HipHop	Cheer Beg	BoysTumbleK-2	Gym II/III		S.N.O.	
6:00	Beg Gym	Tumble I	Tumble I	Cheer Intro			
6:00	Cheer Intro	Tumble II	Tumble II	Tumble II			
6:00	Tumble IIA	HOTTIES	Tumble III	PT Team			
6:00		PT Team					
6:30	Gym III	Cheer Beg	Cheer Int	Tumble I			
6:30	Beg Gym	BoysTumbleK-2	Tumble I	Tumble II			
6:30	Tumble I	Tumble III	Tumble IIA	Tumble III			
6:30	Tumble II						
7:00	FlipFlop 5th +	Cheer Int	Beg Gym	Cheer Beg			
7:00	Cheer Beg	BoysTumbleK-2	Tumble I	Cheer Int			
7:00	Tumble I	Tumble IIA	Tumble II	Tumble IIA			
7:00	EXTREME	ELITE	EXTREME				
7:30	Tumble I	Tumble IIA	5-8th Dance	5-8th Dance			
7:30	Tumble IIA	Tumble III	Cheer Int	Tumble II			
7:30	Tumble III		Tumble IIA	Tumble IIA			
7:30	Back Tuck		Tumble III	Tumble III			
8:30	Tumble IV	FlipFlop 5th +	Tumble IIA	9-12th HipHop			
8:30		Tumble IV	Tumble III	5-12th FlipFlop			
8:30		9-12th Dance	Tumble IV	Tumble IV			
8:30				Back Tuck			
8:30				Stunt Clinic			